



LILIE, LLC Course Information

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Title of Course (*45 hours*): Human Sexuality and Adolescence

Course Description:

Educators will benefit from an insightful study of how the topics of human sexuality mold student's attitudes and impacts academic performance. Specific topics include anatomy, sexual orientation, issues pertaining to lifestyle, history of sex education, STD's, birth control, puberty, comparison of attitudes of 21st century sex education.

Overall Course Objective and Expectation(s):

- To analyze the history and relevance of sex education in the U.S.
- Examine human sexuality as it may affect academic performance.
- To evaluate current sex education curriculum and it's effectiveness.

Course Instructional Materials:

All courses maintain a fully developed and dynamic webpage that houses all resources, reference material and various other required informational texts, videos and alike that is both active and relevant to course objectives and content. Course web pages are routinely updated to reflect most current research and available readings therefore instructional materials used to teach course objectives are subject to change.

Instructor Consultation and Interaction:

Real time consultation and instruction is provided through the LILIE, LLC discussion boards for each course/classroom on a daily basis.

Suggested Readings (*subject to change*):

- Sexuality in Adolescence: Current Trends, Moore/Rosenthal
- All About Sex: A Family Resource on Sex and Sexuality, Ronald Maglia
- Five Hundred Questions Kids Ask About Sex, Francis Younger

Proof of Course Completion:

LILIE, LLC is committed to assuring that enrollees fully participate in and receive the educational benefits contemplated by the course. Enrollees must demonstrate participation by making detailed postings designed to foster dialogue among colleagues and instructors. These enrollee postings must be made four times each week in separate sessions. Enrollees will be required to submit a detailed log documenting at least 45 hours of course work, including discussion board posts, and will be required to apply information and strategies acquired from the course content to weekly classroom instruction. Attempts to falsify logs or discussion board entries will result in denial of credit and a report to the enrollee's employer.



Scope & Sequence/Weekly Topics and Objectives

Week I

Topic(s):

- Sexuality Survey
- History of Sex Education
- Goals of Current Sex Education Curriculum

Objectives:

- Teachers will analyze the history and relevance of Sex education in the United States
- Teachers will review their school's sex education curriculum and its impact

Impact on Classroom Instruction:

- Teachers will be able to address sensitive topics that pertain to sexuality in their classroom.

Learner Outcomes:

- Teachers will be able to identify their own sexuality program in their school.
- Teachers will assess their sexuality program and compare it to other programs

Assessment of Understanding and Learning/ Weekly Assignments *(including but not limited to posting requirements set forth by LILIE, LLC):*

- Students will conduct a candid discussion regarding initial sexuality education, the motivation objectives of Sex education and a review of current programs at work within individual's respective districts
- Students will critically read and respond to each of the related articles as well as peer to peer posting reflections that demonstrate understanding and thoughtful application to classroom environment



Week II

Topic(s):

- Sexuality and Child Development
- Birth Control
- STD's and Prevention
- Teen Pregnancy
- Abortion
- Teacher Resources

Objectives:

Teachers obtain an understanding of what issues face our students today, the impact these issues have on the students born personally and academically and avenues in which to educate them.

Impact on Classroom Instruction:

- Teachers will have a greater understanding of sensitive topics that pertain to human sexuality and transfer knowledge to their students
- Teachers will be better equipped to understand these often controversial topics and struggles many in a student body grapple with as to provide support, guidance and sensitivity.

Learner Outcomes:

Teachers will be able to address questions and concerns of their students that pertain to issues of human sexuality and provide direction to resources and support networks professionally equipped to provide such support.

Assessment of Understanding and Learning/ Weekly Assignments *(including but not limited to posting requirements set forth by LILIE, LLC):*

- Students will view the film Kinsey and prepare a 1-2 page reaction paper that is to assess the circumstances of Kinsey and his motivation for his work as well as how it relates to educators today.



Week III

Topic(s):

- Discussion of Kinsey
- Common misconceptions about sex and sex education
- Male and Female Anatomy
- Puberty and its physical, social, and psychological effects
- Brain development

Objectives:

- Teachers will understand common misconceptions about sex and Sex Education.
- Teachers will be able to distinguish the differences between male and female anatomy.
- Teachers will recognize how puberty affects their students physically, socially, and psychologically.

Impact on Classroom Instruction:

- Teachers will clarify misconceptions about sex and sex education for their students.
- Teachers will be better suited to consider the impact of adolescence and the changing body and mind when composing lesson plans and objectives
- Teachers will be better equipped to provide parents/ guardians with research based information regarding the above topics

Learner Outcomes:

- Teachers will be able to determine how puberty impacts students learning.
- Teachers will be able to assess how the process of puberty affects and influences brain development.

Assessment of Understanding and Learning/ Weekly Assignments *(including but not limited to posting requirements set forth by LILIE, LLC):*

- Students will participate in a candid discussion regarding the common misconceptions and sex and sex education.
- Teachers will reflect on learned information regarding physical, social and psychological effects of puberty and the influences of brain development.
- Teachers will critically read and respond to each of the related articles provided for topic(s)
- Peer to peer postings will be both reflective in nature and demonstrate understanding of week's topics and implication on classroom instruction and environment.



Topic(s):

- Sex Education and Controversy
- Teens and Sexuality
- Homosexuality and Adolescence

Objectives:

- Teachers can evaluate a sex education program.
- Teachers can identify the controversies of a sex education program
- Teachers can understand homosexuality in adolescence

Impact on Classroom Instruction:

Teachers will develop sensitivity for issues pertaining to human sexuality such as, but limited to

- Sex education and various controversies surrounding the subject
- Teens and their sexuality
- Homosexuality and alternative lifestyles

As well as strategies for addressing such topics s to be factual, research based, understanding and supportive.

Learner Outcomes:

- Teachers will be able to address basic questions and inquiries that pertain to homosexuality and sexual variance.
- Teachers will consider such topics and the sensitivity to such when interacting with students and families as to provide a sensitive and helpful environment

Assessment of Understanding and Learning/ Weekly Assignments *(including but not limited to posting requirements set forth by LILIE, LLC):*

- Teachers will participate in Candid discussions regarding the controversies facing sex education, teens and sexuality as well as homosexuality and other life styles.
- Teachers will critically read and respond to each of the related articles provided for topic(s)
- Peer to peer postings will be both reflective in nature and demonstrate understanding of week's topics and implication on classroom instruction and environment